



## COURSE SYLLABUS

### *By My Own Heart and Hand Home Funeral Training*

COURSE TRACK	Home Funeral
COURSE NAME	By My Own Heart and Hand (BMOHAH) Home Funeral Training
TEACHERS	Pashta MaryMoon, Madeline Christie, and Tricia Keith
TEACHER'S TIME	Pacific
CONTACT EMAIL	<a href="mailto:bmohah@cindea.ca">bmohah@cindea.ca</a> (available to contact throughout and after course completion)
COURSE DATES	Ongoing: The course is always available for enrollment, offering flexibility with a 90-day completion window for those seeking a certificate of completion. For example, if a student enrolled on April 15th, all course requirements are due at midnight on July 14th.
COURSE DESCRIPTION	Empower yourself to facilitate meaningful home funerals. Learn practical skills, legal considerations, and personalized rituals for honouring the deceased. Transform the way you say goodbye and build a home funeral community.
COURSE OUTCOMES	Upon completion of the course, students will gain the skills and confidence to effectively plan and facilitate personalized home funerals.
BACKGROUND KNOWLEDGE/WHO THIS COURSE IS FOR	No background knowledge is required, and this course is appropriate for all levels and backgrounds. There are no prerequisites. People who may be particularly interested in the course include individuals with an interest in: <ul style="list-style-type: none"> <li>death and dying, home funerals, green burial, alternative death care and disposition, funeral service, thanatology, death companionship, equity, sustainability, social and environmental responsibility, story-telling, meaning-making, ritual and ceremony, grief, loss, bereavement, community deathcare, event planning, legal regulations, etc.</li> </ul>
PREREQUISITES	None
ADDITIONAL SUPPORT (OPTIONAL)	Monthly Community-Building Support Sessions on Zoom: Third Tuesday of every month from 5-6:30 PM PST These sessions offer a nurturing space for learning, sharing experiences, and fostering connections.



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<p>ASSESSMENT CRITERIA</p>	<p><b>Those pursuing a certificate of completion must complete all course requirements within 90 days of enrollment</b>, including all lessons, discussion posts, assignments, and surveys. Students must fill out and submit a home funeral plan as the final assignment. Course requirements must be complete and the course must show 100% complete by midnight on the 90th day. <u>There are no extensions.</u> Teachers will complete a review and a certificate of completion will be emailed to students up to 2 weeks after the course shows 100%. Those not pursuing a certificate of completion can take their time to absorb the content at their own pace. Once enrolled, students have lifetime access.</p>
<p>ATTENDANCE POLICIES</p>	<p>Students who do not participate in the course (by posting in discussions, completing assignments, and logging in) will not be eligible to receive a certificate of completion, solely at the teachers' discretion. It is acceptable for some students to participate as observers without submitting any work, however, they will not be eligible for a certificate of completion.</p>
<p>LEARNING FORMAT</p>	<p>Reading, watching videos, surveys, discussion posts, assignments, researching, emailing or calling deathcare professionals.</p>
<p>COURSE HOURS PER WEEK</p>	<p>2-3 hours per week is recommended. There are over 9 hours of video content, and approx. 15 hours worth of reading, discussions, surveys, and assignments.</p>
<p>TECHNICAL REQUIREMENTS</p>	<p>Computer with stable internet connection and access to Zoom.</p>
<p>REQUIRED TEXTBOOKS/ RECOMMENDED READING</p>	<p>None</p>
<p>CONSIDERATIONS</p>	<p>In exploring topics related to death, dying, home funerals, grief, loss, and bereavement, it's important to acknowledge that memories, both poignant and challenging, may arise. Students are encouraged to be mindful of their own experiences. Throughout this course, subjects such as death, dying, after-death body care, rigor mortis, grief, loss, bereavement, and disposition are covered.</p>



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<p>COURSE OVERVIEW</p>	<ul style="list-style-type: none"> <li>● <b>Welcome!</b> <ul style="list-style-type: none"> <li>○ All content opens on the day of enrollment.</li> </ul> </li> <li>● <b>Chapter 1:</b> The Benefits of Home Funerals: Why Choose a Home Funeral?</li> <li>● <b>Chapter 2:</b> Caring for Your Death Journeyer at Home: Practical Skills and Considerations for Post-death Physical Care</li> <li>● <b>Chapter 3:</b> Creating Your Home Funeral Plan: A Step-by-Step Guide to Planning and Timeline</li> <li>● <b>Chapter 4:</b> Legal Requirements: Paperwork and How to Ensure You Meet Regulations for a Home Funeral</li> <li>● <b>Chapter 5:</b> Disposition: Making Informed Decisions for the Death Journeyer's Final Resting Place</li> <li>● <b>Chapter 6:</b> Death Rites: How to Create Meaningful Ceremonies</li> <li>● <b>Chapter 7:</b> Children and Death</li> <li>● <b>Chapter 8:</b> Grief and Community of Grieving</li> <li>● <b>Chapter 9:</b> Final Assignment - Crafting a Home Funeral Plan - DUE 90 DAYS AFTER COURSE ENROLLMENT</li> <li>● <b>Finishing Up</b></li> </ul>
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